

Welcome to About Thyme Restaurant where good food meets nature

Nestled in a lush garden setting, we offer a diverse menu showcasing local ingredients with global flavours complimented by an extensive range of wines, cocktails and beverages

Whether you're here for a casual meal, a special celebration or a relaxing drink, our garden oasis provides the perfect back drop for an unforgettable dining experience

We invite you to relax, sip, and savour the flavour, per our motto ... 'EAT . DRINK . DON'T THINK!'

#### SOUPS

v\* gf Sweet Potato, Butternut and Ginger Soup 750/gf Spicy Chicken, Coconut and Lemongrass Noodle Soup 800/v\* gf\* Roasted Tomato Soup with a Cheddar Cheese Toastie 850/Seasonal Soup (see our specials)

#### STARTERS AND SMALL PLATES

v+ Sweet Potato Samosas with Tamarind and Date Chutney

Individual Portion: 600/- (3pcs) Sharing Portion: 1,200/- (6pcs)

Duck Spring Rolls with Oriental Dipping Sauce

Individual Portion: 800/- (2 Pcs) Sharing Portion: 2,000/- (5 Pcs)

Golden Sweet Corn Fritters

Pan-fried sweetcorn fritters served with 'About Thyme' chilli jam

Individual Portion: 950/- Sharing Portion: 1,800/-

vgf\* Sesame Halloumi Bites

Golden fried cubes of sesame coated halloumi cheese drizzled with warm honey

Individual Portion: 950/- Sharing Portion: 1,800/-

gf\* Chicken or v+ gf\* Oyster Mushroom Karaage

Japanese style fried chicken / oyster mushrooms drizzled with Nanban sauce

Mushroom Individual Portion: 950/-

Sharing Portion: 1,800/-

Chicken Individual Portion: 1,050/-

Sharing Portion: 2,000/-

# Spicy Barbeque Chicken Wings

Individual Portion: 1,050/-

Sharing Portion: 2,000/

## Togarashi Calamari

Calamari pieces in a crispy schichimi togarashi seasoned coating

Served with wasabi mayonnaise

Individual Portion: 1,100/-

Sharing Portion: 2,100/-

#### Tuna Tartar with Avocado

Fresh and zingy yellowfin tuna layered with avocado salsa

Individual Portion: 1,100/-

Sharing Portion: 2,100/-

#### gf\* Garlic & Chilli Prawns

Pan-roasted garlic queen prawns with chilli oil, fresh coriander and lemon Served with rustic sourdough toast

Individual Portion: 1,200/- Sharing Portion: 2,300/-

#### 'DIP IN!'

..... a carefully curated selection of flavourful dips and dippers, absolutely perfect for sharing!

v+ gf\* Hummus with Caramelised Onions . Toasted Pita Bread 1,600/-

vgf\* Whipped Feta with Balsamic Roasted Cherry Tomatoes . Crispy Crostini 1,950/vn\*gf\* Baked Camembert with Honey, Thyme and Nuts . Multigrain Toast 2,100/-

\*There is a 30 minute wait for baked camembert



#### SALADS

# v gf n\* Green Vegetable Salad

Tenderstem Broccoli . Sugar Snap Peas . Green Beans . Asparagus . Baby Spinach Leaves Salad Onions . Caramelised Walnuts . Honey and Mustard Dressing

v\* With Avocado 1,300/-

v With Pan-fried Halloumi Cheese 1,650/-With Charcoal Grilled Chicken 1,650/-

# v+ gf Rainbow Buddha Bowl with Tahini Dressing

Spiced Roasted Sweet Potato, Red Onion and Chickpeas. Quinoa. Pickled Beetroot. Avocado. Capsicum
Baby Spinach Leaves. Cherry Tomatoes. Sun Flower, Pumpkin and Chia Seeds. Goji Berries. Tahini Dressing

# gfn\* Prawn and Mango Noodle Salad (seasonal)

Poached Queen Prawns . Fresh Mango . Rice Noodles . Sweet Chilli Dressing Roasted Cashew Nuts . Crispy Shallots . Fresh Herbs 1,950/-

#### **VEGETARIAN AND VEGAN MAIN COURSES**

# vn\* Pumpkin and Amaretti Tortellini

Pumpkin and amaretti filled tortellini in a creamy sage and butter sauce

Finished with amaretti biscuit crumbs and parmesan cheese and served with garden salad

1,800/-

vv\* gf Risotto of the Week\* served with garden salad vv\* gf\* Pasta of the Week\* served with garden salad

\*See our seasonal specials

# v Butternut and Feta Cheese Tart with Lime and Parsley Cream

Served with crispy potato wedges and baby spinach and apple salad

# v Creamy Leek and Goats Cheese Tart

Served with crispy potato wedges and baby spinach and apple salad

#### v+ Teriyaki Tofu

Tofu 'steak' with a sticky, sweet and savoury teriyaki glaze
Served with coconut forbidden black rice and chilli/ginger pak-choi
1.950/-

# v+gf\* Paprika Roasted Cauliflower

Smoky paprika, cumin and lemon roasted cauliflower, red onions and chickpeas

Served with caramelised onion hummus, pomegranate gremolata and toasted pita bread

1,950/-

# vgf\* Greek Aubergine Parcels

Charcoal grilled aubergine parcels of tomato, feta, oregano and mint

Drizzled with sun-dried tomato dressing and served with roasted vegetable couscous and tzatziki

1,950/-



#### MAIN COURSES

gf Chicken Dopiaza

Boneless chicken pieces in a spicy, double onion curry sauce Served with coriander and lime jasmine rice and papadam 2,150/-

#### Chicken Pot Pie

Comfort food at its best.....cubes of chicken breast in a creamy tarragon sauce with leeks and peas topped with a flaky, homemade all butter puff pastry lid

Served with sautéed new potatoes and and baby spinach and apple salad

# Traditional Greek Moussaka

This signature Mediterranean lamb dish is a delight to the senses.....minced lamb cooked in a rich tomato sauce, layered with aubergine and béchamel sauce, topped with cheese and baked to perfection

Served with crispy potato wedges and Greek salad

2,200/-

# Teriyaki Duck Donburi

A beautiful bowl of tasty goodness.....slow cooked, shredded sweet and savoury teriyaki duck meat, coriander and lime jasmine rice, chilli/ginger pak-choi, a soft fried egg and pickled red onions 2,500/-

# gf\* 'Kamba Wa Kupaka'

Marinated grilled king prawns in a Swahili style coconut curry sauce
Served with 'kachumbari' and chapati
2,950/-

# gf\* Pan Seared Salmon with Garlic Butter

Golden fried salmon fillet in a flavourful and aromatic lemon and garlic butter sauce

Served with pearl barley pilaf and roasted vegetables

# FROM THE CHARCOAL GRILL

# gf Paprika and Lemon Chicken Breast

Barbequed paprika, cumin and lemon marinated chicken breast fillet with aji verde (Peruvian style green chilli sauce)

Served with sautéed new potatoes and roasted vegetables

2 150/-

#### gf Simple Snapper

Red snapper fillet barbequed to perfection.....simplicity at its best Served with sautéed new potatoes, roasted vegetables and chunky tartar sauce

# gf\* Tuna Steak with Fresh Mango Salsa

Yellowfin tuna steak marinated in honey and soy-sauce, barbequed to your taste and served with a zesty and colourful mango, chilli and lime salsa

Served with coriander and lime jasmine rice and stir-fried chilli/ginger pak-choi

2,300/-



# gf\* p\* Stuffed Barbequed Pork Chops with Apple Sauce

Charcoal grilled pork loin chops with a herby mozzarella cheese, sage and onion stuffing Served with homemade apple sauce, herby mashed potatoes and creamed spinach

## P\* Barbequed Spare Ribs

About Thyme's famous pork spare ribs barbequed in a tangy sauce
Served with rustic fries and red cabbage coleslaw
2,500/-

# About Thyme Big, Beefy, Fully Loaded Burger

Charcoal grilled beef burger on a toasted sesame bun with lettuce, tomatoes and gherkins

Loaded with cheddar cheese, pb\* bacon and caramelised onions

Served with rustic fries and red cabbage coleslaw

1,850/-

# gf\* About Thyme Pepper Steak

Barbequed beef fillet in a creamy black pepper and thyme sauce garnished with battered onion rings

Served with herby mashed potatoes and roasted vegetables

2,400/-

# gf\* New York Strip

250g prime New York strip loin steak charcoal grilled to your taste and garnished with battered onion rings

Served with crispy potato wedges, roasted vegetables and your choice of sauce from:

v Pepper and Thyme

Mushroom with Sherry and Grain Mustard
 Aji Verde (Peruvian style green chilli)

2.950/-

#### SIDES & ADD-ONS

v+ gf Crispy Potato Wedges . v+ gf Sautéed Baby Potatoes . v+ gf Herby Mashed Potatoes . v+ gf Rustic Fries
v+ gf Lime and Coriander Jasmine Rice . v+ gf Coconut Forbidden Black Rice

v+ Pearl Barley Pilaf . v+ Roasted Vegetable Couscous

v+Stir-Fried Chilli/Ginger Pak-Choi . v+gf Roasted Vegetables

v Creamed Spinach . v+gf Sautéed Mushrooms

v+ gf Spiced Roasted Sweet Potato, Red Onion and Chickpeas . v Battered Onion Rings

v+gf Garden Salad . v+gf Kachumbari . vgf Greek Salad

v gf Red Cabbage Coleslaw . v+gf Baby Spinach and Apple Salad

pb\* Bacon

500/-

v+ Chapati (2 Pc) . v+ gf Avocado . v\* gf\* Extra Bread

300/-

Chicken . Beef

650/-